



# FREE FOOD FOR SENIORS

Through the Nutrition Assistance Program for Seniors (NAPS) and the Commodity Supplemental Food Program (CSFP)

We help serve more than 240 food distribution locations in Minnesota each month.

## Who can receive food?

Minnesota residents 60 years and older. Determined by household size and gross income.

**CALL TO REGISTER  
OR FOR MORE INFORMATION**

651-484-8241 • 1-800-365-0270



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Food changes everything.™



## What is required for certification?

- Recently postmarked mail with your name and address
- Current gross monthly household income
- Picture ID

## What food is provided?

Canned fruits, vegetables, juices, dry and shelf-stable milk, American cheese, canned meat, peanut butter or dried beans, cereal, rice or pasta.

Household Size	Gross Monthly Income
1	\$1,383
2	\$1,868
3	\$2,353
4	\$2,839
5	\$3,324
6	\$3,809
7	\$4,295
8	\$4,780
Each Additional Member	+486



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This institution is an equal opportunity provider.