



second harvest HEARTLAND

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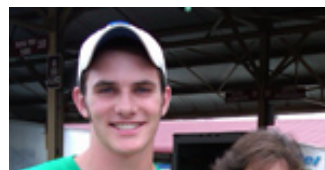
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Hunger Action Month



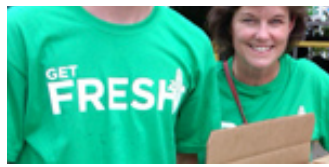
September is Hunger Action Month, and people across the nation are stepping up and joining the fight against hunger in our communities. There are so many ways for you to get involved this September – from an all-day, family-friendly [Pack-a-Thon](#) to rounding up your grocery total at Cub Foods. Learn how you can make a big impact with some simple actions.

[Read more about it»](#)



You Can Provide Fresh Food for Those in Need

Second Harvest Heartland will be at the Minneapolis Farmers Market all summer to collect over 200,000 pounds of fresh, local produce for our hungry neighbors. Once again, the Mosaic Company is supporting this summer's donation program, and will



match \$1 for each pound of food donated at the farmers market and \$10 for each volunteer hour donated until September 20, 2012.

[Register for a volunteer shift»](#)



Meals for Minds Volunteer Opportunities

Learn how you can directly impact and interact with youth at risk of hunger and provide them with the nutrition they need to grow and thrive by volunteering with the Meals for Minds program. In partnership with Target, the Meals for Minds program coordinates monthly grocery distributions through a mobile food pantry at 12 elementary schools in Minneapolis and St. Paul. There are many opportunities to volunteer in September – register for your spot today!

[Register for a volunteer shift»](#)



Bremer Taking Action Against Hunger

For the seventh consecutive year, Bremer Bank's 'Taking Action to End Hunger' campaign helped raise significant funds for Second Harvest Heartland and Minnesota's Feeding America Food Banks. With the match and Step Up! video this year, \$167,323 was donated as we inspired our community to come together and support local children and families. This represents an increase of 16% over last year's results. With the success of the match, the campaign was able to provide more than 600,000 meals to Minnesota's hungry neighbors.

[Read more about it»](#)



Free Meals are Reaching More Kids This Summer

New and returning sponsors of the Second Harvest Heartland Summer Food Service Program (SFSP) are using their grant money in innovative ways this summer to enhance their programs and attract more kids.

[Read more about it»](#)



Local Gardeners Fighting Hunger through AmpleHarvest.org

Learn about how home gardeners can make a significant impact on hunger in our communities through AmpleHarvest.org, a free nationwide program that enables more than 40 million American home gardeners to easily donate excess garden produce to local food pantries.

[Read more about it»](#)



Above and Beyond: An Extra Effort for our Hungry Neighbors

Second Harvest Heartland depends on our wide network of volunteers to provide support to the programs, food shelves, soup kitchens and shelters in our far-reaching service area. Read how two volunteers – Nancy Zingale and George Golden – offer their professional skills and talent to Second Harvest Heartland by being key members of the Speakers Bureau to educate our community about hunger and the services Second Harvest Heartland provides.

[Read more about Nancy and George»](#)



Voices of Hunger: The Front Lines of Hunger Relief

Second Harvest Heartland takes pride in our dedicated staff who fight the front lines of hunger every day. This month, read about volunteer site lead Nancy Springer, who oversees all volunteer groups at our St. Paul warehouse, and the impact she's made on volunteer groups.



[Read more about Nancy»](#)

Special Thanks

Food Mania Participants

A sincere thanks to Schwan's Consumer Brands, Mackall, Crouse & Moore, PLC, Eide Baily LLP and all of the companies who competed to raise funds and food to help end hunger in our community. This year's Food Mania competition raised \$32,000, allowing us to distribute the equivalent of 120,000 meals.

Stamp Out Hunger

On Saturday, May 12, letter carriers from throughout the Twin Cities collected food at thousands of doorsteps for those in need. More than 721,000 pounds of food was collected for this year's Stamp Out Hunger--the equivalent nearly 560,000 meals. Thanks to the support of the US Postal Service, MTSa and its member companies, Cub Foods, WCCO Radio, KARE 11, volunteers, generous donors and the greater community for the continued support of this drive.

Dish: Cuisine for Change

A sincere thanks to those who made Dish: Cuisine for Change a tremendous success. This year's event raised more than \$500,000 and attracted nearly 1,000 attendees.

Sponsors:

Presenting: Cub Foods

Platinum: Ameriprise Financial, Bremer Bank, Mosaic

Upcoming Events

Pack-a-Thon

Saturday, September 15, 9am-9pm
Second Harvest Heartland West

Help us reach our goal of 5,000 volunteer hours during Hunger Action month and join us for a family friendly volunteer event complete with entertainment, competitions and post-shift party.

[Register for Pack-a-Thon»](#)

Taste of the Nation

Sunday, September 30, 6pm-10pm
Graves 601 Hotel

Enjoy a multi course meal served with beverage pairings all prepared by The Twin Cities' best chefs.

[Find out more information»](#)

Open House

Thursday, October 4, 2pm-7pm
Second Harvest Heartland West

Join us to celebrate the official opening of Second Harvest Heartland West and the culmination of Hunger Action Month. Enjoy light hors d'oeuvres, see volunteers in action, and learn more about the programs and services at Second Harvest Heartland and their impact on the local community.

[RSVP today»](#)

Canstruction

Saturday, October 6-Sunday, October 7

Gold: UnitedHealthCare, Dean Foods, Ecolab, 3M, General Mills, OptumHealth, Opulent, Starling Castle

Media/Marketing: Mpls.St.Paul Magazine, Confluence Marketing, ETS Pictures, Pioneer Press, Futura Marketing, Broad Daylight

Restaurants: al Vento, French Meadow Bakery & Café, Good Earth, Hell's Kitchen, Kincaid's, Kitchen Window, The Lexington Restaurant, McCoy's Public House, Oceanaire Seafood Room, Porter & Frye, Red Stag Supper Club, Scusi, Sea Change, Solera, The Strip Club Meat & Fish, Treasure Island Resort & Casino, W.A. Frost & Company, Zelo

Vintner Ball

The seventh annual Vintner Ball was held at The Westin Edina Galleria. This year's event raised nearly \$190,000 and attracted 9 sponsors and 425 attendees. The dollars raised at the event will provide almost 700,000 meals, transforming the lives of the many children, families and seniors in our community who need our support.

We'd like to thank our hosts Tim Aune, Joel Moline, Jeff Morris, Kevin Spreng, John Wanninger and Jim Wohlford for their ideas, dedication and benevolence over the past seven years. We would also like to recognize and thank the presenting sponsor for this year's event, Lunds & Byerly's, and this year's gold level sponsors Bank of America Merrill Lynch and Lakes Sotheby's International Realty and silver level sponsors, MoCo, Milestone AV Technologies and Dolan Printing.

Mall of America

Vote for your favorite colossal sculptures built from thousands of ordinary cans of food, all of which will be donated to Second Harvest Heartland.

[More details»](#)

Iron Fork

Thursday, October 18, 6pm-9pm

Sample signature dishes from local restaurants all while cheering on your favorite chef in an Iron Fork competition.

More information coming soon

Taste of the Vikings

Monday, November 19, 7pm-9:30pm

Mall of America, Nickelodeon Universe

Rub elbows with current and former Vikings players while sampling food from the Twin Cities finest restaurants.

[Purchase your tickets»](#)

Walk to End Hunger

Thursday, November 22, Thanksgiving morning.

Mall of America

Join Second Harvest Heartland's walking team or donate and give back before giving thanks.

More information coming soon



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