ServSafe®
Food Handler Guide
for Food Banking
The Bill Emerson Good Samaritan Act ensures that Agency Partners and Second Harvest are protected from potential liability were someone to become ill from eating food we provided, IF we are acting “in good faith.” “Good faith” means that we are being proactive in managing recalls, meeting standard food safety practices and ensuring that volunteers and staff are trained in food safety as relevant to the type of food program.
In order to protect the donors, agency partners, our food and most importantly our clients, Second Harvest Heartland requires that at least one person must be trained in a food safety course and train the food preparation workers in safe food handling practices.
Agencies must show proof of required certification to their Account Specialist at site visits, which are completed every two years.
<table>
<thead>
<tr>
<th>Chapter</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcome and Overview</td>
<td>5 minutes</td>
</tr>
<tr>
<td>Food Safety Is Important</td>
<td>15 minutes</td>
</tr>
<tr>
<td>Good Personal Hygiene</td>
<td>25 minutes</td>
</tr>
<tr>
<td>Receiving and Storing Food Safely</td>
<td>20 minutes</td>
</tr>
<tr>
<td>Break</td>
<td>5 minutes</td>
</tr>
<tr>
<td>Evaluating, Repacking, and Transporting Food Safely</td>
<td>25 minutes</td>
</tr>
<tr>
<td>Cleaning and Sanitizing</td>
<td>20 minutes</td>
</tr>
<tr>
<td>Break</td>
<td>5 minutes</td>
</tr>
<tr>
<td>Test</td>
<td>30 minutes</td>
</tr>
<tr>
<td>Total Class Time:</td>
<td>2 hour, 30 minutes</td>
</tr>
</tbody>
</table>
Food Safety Is Important
Food Safety Is Important

Concepts You Will Learn:

- How food becomes unsafe
- Your role in keeping food safe
- Understanding food allergies
- Preventing food allergen contamination
How Food Becomes Unsafe

Hazards from the Environment

Biological

Physical

Chemical
How Food Becomes Unsafe

How People Make Food Unsafe

Poor personal hygiene:

- Transferring pathogens from your body to food
How People Make Food Unsafe

Cross-contamination:

- Transferring pathogens from one surface or food to another
How Food Becomes Unsafe

How People Make Food Unsafe

Time-temperature abuse:

- Letting food stay too long at temperatures that are good for pathogen growth
How People Make Food Unsafe

Poor cleaning and sanitizing:

- Transferring pathogens from incorrectly cleaned surfaces to food
Apply Your Knowledge

*What is the problem?*

Leaving raw chicken breasts on a pallet in a loading area that is not refrigerated

✅ A. Time-temperature abuse

__B. Poor personal hygiene

__C. Cross-contamination

__D. Poor cleaning and sanitizing
What is the problem?

Sneezing on food

__A. Time-temperature abuse
✓B. Poor personal hygiene
__C. Cross-contamination
__D. Poor cleaning and sanitizing
Apply Your Knowledge

What is the problem?

Keeping produce that raw meat juices have leaked on

__A. Time-temperature abuse
__B. Poor personal hygiene
__C. Cross-contamination
__D. Poor cleaning and sanitizing
Apply Your Knowledge

What is the problem?

Scraping off food from an otherwise clean food-storage container

___A. Time-temperature abuse
___B. Poor personal hygiene
___C. Cross-contamination
✓D. Poor cleaning and sanitizing
Your Role in Keeping Food Safe

Practice Good Personal Hygiene

- DON’T transfer pathogens from your body to food.
Your Role in Keeping Food Safe

How Is Good Personal Hygiene Being Practiced in the Photo?

- Hair net
- Beard net
- Single-use gloves
- Clean clothing
- Clean apron
Control the Time and Temperature of Food:

- **DON’T** let food stay too long at temperatures that are good for pathogen growth.
How Is Temperature Being Controlled in the Photo?

- Temperature is being checked
- Ensures food is held at the correct temperature
Prevent Cross-Contamination:

• DON'T transfer pathogens from one food to another.

• DON’T transfer pathogens from one surface to another.
Your Role in Keeping Food Safe

How Is Cross-Contamination Being Prevented in the Photo?

• Ready-to-eat food is stored above raw food.
Clean and Sanitize Surfaces Correctly:

• Keep everything clean.

• Clean and sanitize anything that touches food.
Your Role in Keeping Food Safe

How Is the Bin Being Cleaned and Sanitized Correctly?

• It is being cleaned and sanitized in a three-compartment sink.
What Are the Most Common Food Allergens?

- Milk
- Eggs
- Soybeans
- Fish
Understanding Food Allergies

The Most Common Food Allergens
Prevent Cross-Contact:

- Clean and sanitize surfaces that have come in contact with an allergen.

- Inspect food packaging for leaks or spills that can cause cross-contact.

- Wash hands and change gloves after handling allergens and before handling allergen-free food.
Preventing Food Allergen Contamination

Prevent Cross-Contact:

• Store food with allergens separately from allergen-free products.

• **DO NOT** store food containing allergens above allergen-free food.

• Use dedicated pallets and bins for products containing allergens.
Apply Your Knowledge

Which Food Item(s) Is a Common Food Allergen?

A
Tea

B
Cod
Apply Your Knowledge

Which Food Item(s) Is a Common Food Allergen?

A. Wheat flour

B. Melons
Which Food Item(s) Is a Common Food Allergen?

A. Peanut butter
B. Crab legs
Which Food Item(s) Is a Common Food Allergen?

A. Potatoes
B. Mushrooms

Neither
Which Food Item(s) Is a Common Food Allergen?

A. Tomatoes

B. Pecan pie
Apply Your Knowledge

Which Food Item(s) Is a Common Food Allergen?

A

Citrus fruit

B

Bell peppers

Neither
Apply Your Knowledge

Which Food Item(s) Is a Common Food Allergen?

A  Squash

B  Eggplant

Neither
Which Food Item(s) Is a Common Food Allergen?

A. Soybeans

B. Rice and rice products
Apply Your Knowledge

Which Food Item(s) Is a Common Food Allergen?

A. Eggs

B. Ice cream
Preventing Food Allergen Contamination

Prevent Cross-Contact From Spilled Food:

• Immediately isolate spilled food containing an allergen from other food products.

• Inspect surrounding products for contact with the spilled food.
Prevent Cross-Contact From Spilled Food:

• Dispose of any open products in contact with the spilled food.

• The food may not need to be discarded if in packaging that can be safely cleaned and sanitized.

• Clean and sanitize the area.
Good Personal Hygiene
Good Personal Hygiene

Concepts You Will Learn:

- How and when to wash your hands
- Where to wash your hands
- Other hand-care guidelines
- What to wear
- Other important practices
How and When To Wash Your Hands

How to Wash Your Hands:

- Hands can transfer pathogens to food.
- Handwashing is a critical step for avoiding food contamination.
How and When To Wash Your Hands

How to Wash Your Hands:

- Handwashing should take about 20 seconds.
How and When To Wash Your Hands

How to Wash Your Hands

Step 1: Wet hands and arms

• Use running water as hot as you can comfortably stand.
How to Wash Your Hands

Step 2: Apply soap

- Apply enough to build up a good lather.
How to Wash Your Hands

Step 3: Scrub hands and arms vigorously

- Scrub them for 10 to 15 seconds.
- Clean under fingernails and between fingers.
How and When To Wash Your Hands

How to Wash Your Hands

Step 4: Rinse hands and arms thoroughly

- Use running warm water.
How and When To Wash Your Hands

How to Wash Your Hands

Step 5: Dry hands and arms

- DO NOT use your apron or any part of your clothing.
- Use a single-use paper towel or hand dryer.
How and When To Wash Your Hands

After Washing Your Hands

Use a paper towel to:

- Turn off the faucet.
- Open the restroom door.
How and When To Wash Your Hands

Is Handwashing Required? Why or Why Not?

Wash hands after using the restroom

A. YES
B. NO
Is Handwashing Required? Why or Why Not?

Wash hands after touching your hair, face, or body

A. YES
B. NO
How and When To Wash Your Hands

Is Handwashing Required? Why or Why Not?

Wash hands after handling raw meat, poultry, or seafood
(before and after)

A. YES
B. NO
Is Handwashing Required? Why or Why Not?

Wash hands after touching clothing or aprons

A. YES
B. NO
How and When To Wash Your Hands

Is Handwashing Required? Why or Why Not?

A. YES
B. NO

Wash hands after taking out garbage
How and When To Wash Your Hands

Is Handwashing Required? Why or Why Not?

A. YES
B. NO

Wash hands after sneezing, coughing, or using a tissue
How and When To Wash Your Hands

Is Handwashing Required? Why or Why Not?

A. YES
B. NO

Wash hands after handling chemicals that can make food unsafe
Is Handwashing Required? Why or Why Not?

A. YES

B. NO

Wash hands after smoking
How and When To Wash Your Hands

Is Handwashing Required? Why or Why Not?

A. YES
B. NO

Wash hands after chewing gum or tobacco
How and When To Wash Your Hands

Is Handwashing Required? Why or Why Not?

A. YES
B. NO

Wash hands after eating or drinking
How and When To Wash Your Hands

Is Handwashing Required? Why or Why Not?

A. YES
B. NO

Wash hands before putting on gloves at the start of a new task
How and When To Wash Your Hands

Is Handwashing Required? Why or Why Not?

A. YES
B. NO

Wash hands after touching anything that may contaminate hands
Is Handwashing Required? Why or Why Not?

A. YES
B. NO

Wash hands after leaving and returning to the food-handling area
Using Hand Antiseptics

If you use hand antiseptics:

- NEVER use them instead of handwashing.
- Use an antiseptic after washing hands.
- Wait for the antiseptic to dry before touching food or equipment or putting on gloves.
- Follow manufacturer’s directions.
Where To Wash Your Hands

Is This a Safe Place to Wash Hands? Why or Why Not?

A. YES
B. NO

Hands are being washed in a three-compartment sink
Use a Handwashing Sink:

- Wash your hands only in a designated handwashing sink.
Where To Wash Your Hands

Is This a Safe Practice? Why or Why Not?

Dirty water is being dumped in a handwashing sink

A. YES
B. NO
Use a Handwashing Sink:

- **DO NOT** use handwashing sinks for other things.
  - **NEVER** dump dirty water in them.
  - **NEVER** prep food in them.
  - **NEVER** wash tools or equipment in them.
Where To Wash Your Hands

Is This a Safe Practice? Why or Why Not?

The handwashing sink is blocked

A. YES
B. NO
Where to Wash Your Hands:

- Make sure handwashing sinks are easy to get to and are not blocked.
  - **NEVER** stack food, equipment, or supplies in them or in front of them.
Where To Wash Your Hands

**Stocking The Handwashing Sink:**

- A stocked sink should have
  - Hot and cold running water
  - Liquid soap
  - Single-use paper towels or hand dryer
  - Garbage container
- If these items aren’t stocked, tell your director or supervisor
Other Hand-Care Guidelines

What’s Wrong With This Picture?

The gloves are being put on incorrectly
Other Hand-Care Guidelines

Use Gloves Correctly:

- Only use single-use gloves when handling food.
- Make sure the gloves fit your hands.
  - They should not be too tight or too loose.
  - NEVER blow into them.
  - NEVER roll them to make them easier to put on.
Other Hand-Care Guidelines

What’s Wrong With This Picture?

The gloves are being washed and reused
Other Hand-Care Guidelines

Use Gloves Correctly:

- **NEVER** rinse, wash, or reuse gloves.
Other Hand-Care Guidelines

Use Gloves Correctly:

- Wash your hands before putting on gloves when starting a new task.
Other Hand-Care Guidelines

Gloves Should be Changed:

● As soon as they become dirty or torn.
Other Hand-Care Guidelines

Gloves Should be Changed:

- Before beginning a different task.
- Before or after handling any food with a known food allergen.
Other Hand-Care Guidelines

Gloves Should be Changed:

- After handling raw meat, seafood, or poultry, and before handling ready-to-eat food.
Gloves Should be Changed:

- After an interruption, such as taking a phone call.
Other Hand-Care Guidelines

Are These Hands Safe for Handling Exposed Food?

A. YES
B. NO

The fingernails are short and clean
Other Hand-Care Guidelines

Hands and Nails:

- Keep fingernails short and clean.
- Long fingernails can be hard to keep clean.
Other Hand-Care Guidelines

Are These Hands Safe for Handling Exposed Food?

A. YES
B. NO

The fingernails have polish and are not covered

Page 2-7
Other Hand-Care Guidelines

Hands and Nails:

- If you will be handling exposed food, you must use single-use gloves if you are wearing:
  - Nail polish
  - False fingernails
Other Hand-Care Guidelines

Are These Hands Safe for Handling Exposed Food?

A. YES
B. NO

The wound is only covered with a bandage
Other Hand-Care Guidelines

Cover Infected Wounds Correctly:

- Hands or wrist
  - Cover with a bandage or finger cot that prevents fluid from leaking out.
  - Then place a single-use glove over the cover.
Cover Infected Wounds Correctly:

- Arms
  - Completely cover with a bandage that prevents fluid from leaking out.
- Body
  - Cover with a dry, durable, tight-fitting bandage.
Is This a Safe Practice for Handling Food?

The food handler is not wearing a hat or other hair covering

A. YES
B. NO
What To Wear

Hair Covering:

- Always wear a clean hat or other hair covering when
  - Repackaging food
  - Working in a clean room
  - Working in areas used to clean utensils and equipment
- Men with beards and mustaches should also wear a beard restraint
Clothing and Aprons:

- Wear clean clothes whenever working with or around food.
- Remove and throw away disposable aprons when leaving clean rooms or food-handling areas.
- Store personal belongings away from food.
What To Wear

Jewelry:

- Remove jewelry from hands and arms
  - Before handling exposed food
  - When working in or around food-handling areas
- **DO NOT** wear
  - Rings, except for a plain band
  - Bracelets, including medical bracelets
  - Watches
Apply Your Knowledge

*It’s What You Wear*

Which practices are unsafe?

- ✔️ A. Wearing a dirty shirt
- ✔️ B. Wearing nail polish without wearing gloves
- __ C. Wearing a baseball cap while packaging food
- ✔️ D. Wearing a watch
Apply Your Knowledge

*It’s What You Wear*

Which practices are unsafe?

- [✓] A. Removing a disposable apron and putting it back on after returning to the clean room
- ___B. Wearing a bandage on your finger under your gloves
- [✓] C. Cleaning and sanitizing food scoops without wearing a hat or other hair covering
- [✓] D. Wearing the same pants several days in a row until they get dirty
What’s Wrong With This Picture?

The food handler is drinking in a food-handling area
Other Important Practices

Eating, Drinking, Smoking, and Chewing Gum or Tobacco:

- **NEVER** do these things in the following areas
  - In food-handling areas
  - In food storage areas
- Only do these things in designated areas
What To Do if You Are Sick:

- Tell your director or supervisor
  - If you have been diagnosed with a foodborne illness
Other Important Practices

What To Do if You Are Sick:

- Tell your director or supervisor if you have these symptoms
  - Vomiting
  - Diarrhea
  - Jaundice (yellowing of skin and eyes)
  - Sore throat with a fever
Apply Your Knowledge

**Reporting Illnesses**

Which symptoms must be reported to your director or supervisor?

- [✓] A. Vomiting
- [✓] B. Jaundice
- [✓] C. Sore throat with a fever
- [✓] E. Diarrhea
- [✓] F. Headache

- [ ] D. Being very tired
Receiving and Storing Food Safely
Receiving and Storing Food Safely

Concepts You Will Learn:

- Controlling time and temperature during receiving
- Inspecting food during receiving to make sure it is safe
- Storing food safely
Controlling Time and Temperature During Receiving

What Is Important About This Temperature Range?

This is the Temperature Danger Zone.

Pathogens on food can grow in this range and cause a foodborne illness.
The Temperature Danger Zone:

- Food temperatures must be controlled
  - From pick-up from the donor or food bank to handoff to client
  - Includes time food spends in the warehouse, on the truck, and at the agency
Controlling Time and Temperature During Receiving

Common Thermometers in Food Banks and Agencies

- Infrared thermometer
- Thermocouple and other digital thermometers
- Bimetallic stemmed thermometer
Controlling Time and Temperature During Receiving

What Are Some Characteristics of Infrared Thermometers?

- Display temperatures instantly
- Prevent cross-contamination and damage to food because they do not touch it
- Only measure surface temperatures of food and equipment
What Are Some Characteristics of Thermocouples and Other Digital Thermometers?

- Do not need to be inserted deep into food to get an accurate reading
- Display temperatures quickly
- Many come with other probes for checking liquids, air temperature, and equipment
Controlling Time and Temperature During Receiving

What Are Some Characteristics of Bimetallic Stemmed Thermometers?

- Must be inserted in food from the tip of the thermometer stem to the dimple
- **Require at least 15 seconds before a final reading can be taken**
- Can be easily calibrated at the food bank or agency
The Correct Way to Calibrate a Thermometer:

1. Fill a large container with crushed ice and tap water.
   - Stir the mixture well.
The Correct Way to Calibrate a Thermometer:
2. Put the thermometer stem or probe into the ice water.
   - Make sure the sensing area is under water.
   - **DO NOT** let the probe touch the container.
   - Wait 30 seconds or until the indicator stops.
The Correct Way to Calibrate a Thermometer:

3. Adjust the thermometer so it reads 32°F (0°C).
   - Hold the calibration nut with a wrench or other tool.
   - Rotate the thermometer head until it reads 32°F (0°C).
Apply Your Knowledge

Ice-Point Calibration Method

1. How long should you wait to read a bimetallic stemmed thermometer after placing it in the ice water?
   - A. 5 second
   - B. 7 seconds
   - C. 10 seconds
   - D. 30 seconds

   ✔️ D. 30 seconds
Apply Your Knowledge

Ice-Point Calibration Method

2. What temperature should a thermometer be adjusted to after placing it in the ice water?

___ A. 0°F (-18°C)
___ B. 10°F (-12°C)
___ C. 22°F (-6°C)
✓ D. 32°F (0°C)
What Should You Look for When Inspecting a Delivery Vehicle Before Unloading It?

- Overall condition of the vehicle
What Should You Look for When Inspecting a Delivery Vehicle Before Unloading It?

- Signs of pests in the product or vehicle
What Should You Look for When Inspecting a Delivery Vehicle Before Unloading It?

- Condition of the product
What Should You Look for When Inspecting a Delivery Vehicle Before Unloading It?

- Presence of objectionable product (e.g., homemade product)
Inspecting Food During Receiving To Make Sure It Is Safe

What Should You Look for When Inspecting a Delivery Vehicle Before Unloading It?

- Door locks and seals that are in place and functioning
What Should You Look for When Inspecting a Delivery Vehicle Before Unloading It?

- Correct truck temperature
- Check the temperature recording device or use an infrared thermometer
Reject the Food Delivery if the Delivery Vehicle or Delivery Containers:

- Do not meet acceptable standards
- Contain pests
- Are excessively dirty
Inspecting Food During Receiving To Make Sure It Is Safe

Reject Any Food That Has Not Been Received at These Temperatures

<table>
<thead>
<tr>
<th>Type of food</th>
<th>Temperature</th>
</tr>
</thead>
<tbody>
<tr>
<td>Refrigerated food</td>
<td>41°F (5°C) or lower.</td>
</tr>
<tr>
<td>Frozen food</td>
<td>Frozen solid. Recommend 0°F (-18°C) or lower.</td>
</tr>
<tr>
<td>Cut produce</td>
<td>41°F (5°C) or lower.</td>
</tr>
<tr>
<td>Whole produce</td>
<td>Dry storage temperatures. For more information see Feeding America’s produce handling guidelines.</td>
</tr>
</tbody>
</table>
Is the Delivery Safe?

1. Identify each situation that may be unsafe?

✔️ A. The door lock on a food delivery truck is broken.
✔️ B. Mice are spotted inside a food delivery truck.
__ C. A delivery truck is transporting food at 38°F (3°C)
✔️ D. A case of home-canned jelly is found inside a delivery truck
Apply Your Knowledge

Is It the Correct Temperature?

1. Identify each item that was not received at the correct temperature

✓ A. Frozen meat received at 38°F (3°C)
✓ B. Bags of cut lettuce received at 50°F (10°C)
✓ C. Bags of cut melons received at 45°F (7°C)
✓ D. Milk received at 50°F (10°C)
Has the Food Been Stored Correctly?

A. YES
B. NO

The temperature of the product is too high
General Storage Guidelines:
- Store refrigerated food at 41°F (5°C) or lower
  - This includes cut produce
Storing Food Safely

Has the Food Been Stored Correctly?

A. YES
B. NO

The meat is frozen
General Storage Guidelines:

- Keep frozen food frozen solid.
  - The recommended temperature is 0°F (-18°C) or lower.
Has the Food Been Stored Correctly?

A. YES
B. NO

The food is stored in a designated food storage area
Storing Food Safely

**General Storage Guidelines:**

- Store food only in designated food storage areas.
Has the Food Been Stored Correctly?

A. YES
B. NO

The food is stored on the floor
Storing Food Safely

General Storage Guidelines:

- Store food at least six inches (15cm) off the floor.
Storing Food Safely

Has the Food Been Stored Correctly?

A. YES
B. NO

The food is stored against the wall
General Storage Guidelines:
- Store food away from walls.
Has the Food Been Stored Correctly?

The ready-to-eat food is stored above the raw food

A. YES

B. NO
General Storage Guidelines:

- Store ready-to-eat food above raw meat, seafood, and poultry.
- **DO NOT** store these items on the same shelf or pallet.
Has the Food Been Stored Correctly?

A. YES
B. NO

The food is stored in containers made for food
Storing Food Safely

General Storage Guidelines:

- Store food only in containers made for food.
- Wrap or cover food before storing it.
Storing Food Safely

Labeling Food for Storage:

- Food should be labeled with the receiving date
  - This ensures products can be rotated correctly
- Receiving dates should be placed
  - On individual containers or cases
  - On pallet tags
Storing Food Safely

What Is the Purpose of This Date?

A. Used for tracking and recall

B. Tells the store how long to display the product for sale

C. Date by which the product should be eaten for best flavor or quality

D. Last date recommended for the product while at peak quality
Storing Food Safely

Sell-By Date:

- A quality date
- Tells the store how long to display the product for sale
- The product is still safe to eat past this date
What Is the Purpose of This Date?

A. Used for tracking and recalls
B. Tells the store how long to display the product for sale
C. Date by which the product should be eaten for best flavor or quality
D. Last date recommended for the product while at peak quality
Packing or Manufacturing Date:

- Used by manufacturers for tracking and recalls
- Not an expiration date
What Is the Purpose of This Date?
A. Used for tracking and recall
B. Tells the store how long to display the product for sale
C. Date by which the product should be eaten for best flavor or quality
D. Last date recommended for the product while at peak quality
Storing Food Safely

Use-By or Expiration Date:

- This is the last date recommended for the product while at peak quality.
- The product is still safe to eat past this date.
What Is the Purpose of This Date?

A. Used for tracking and recall

B. Tells the store how long to display the product for sale

C. Date by which the product should be eaten for best flavor or quality

D. Last date recommended for the product while at peak quality
Storing Food Safely

Best-By or Best if Used By Date:

- This is a quality date.
- It tells clients the date by which the product should be eaten for best flavor or quality.
- The product is still safe to eat past this date.
Storing Food Safely

Shelf-Life for Refrigerated Food in Storage:

- If food has a sell-by date or no date at all follow Feeding America guidelines.
  - Freeze the food
  - Distribute the food
- Freezing food will keep it safe for long periods of time.
  - Quality will suffer if frozen food is stored too long
Handling Recalled Food:

- Ask your director or supervisor how to handle recalls at your food bank or agency
- Feeding America issues recall notices for all issued recalls from
  - FDA
  - USDA
Rotating Food Using FEFO:

- Follow the first-expired, first-out (FEFO) method if the food has a use-by or expiration date.
  1. Check the use-by or expiration date.
  2. Store food that will expire first in front of items that will expire later.
  3. Use the food stored in front first.
Rotating Food Using FIFO

Step 1: Check the delivery date.
Rotating Food Using FIFO

Step 2: Store food with the earliest delivery date in front of food with later dates.
Rotating Food Using FIFO

Step 3: Use the food stored in front first.
Has It Been Rotated Correctly?

1. The date is 2014. Which storage shelf has the cans stored correctly?
Evaluating, Repacking, and Transporting Food Safely
Evaluating, Repacking, and Transporting Food Safely

Concepts You Will Learn:

- Evaluating the condition of food
- Repackaging food
- Loading and distributing food safely
Which of These Cans Should be Discarded?
Discard Cans if They Have These Problems:

- Severe dent in can seams
Discard Cans if They Have These Problems:

- Deep dents in can body
- Crushed cans that are not stackable
Evaluating The Condition Of Food

Which of These Cans Should be Discarded?
Evaluating The Condition Of Food

Discard Cans if They Have These Problems:

- Missing labels
- Unreadable labels due to stains or tears
- No code dates
Evaluating The Condition Of Food

Which of These Cans Should be Discarded?

A

B
Evaluating The Condition Of Food

Discard Cans if They Have These Problems:

- Swollen or bulging ends
Discard Cans if They Have These Problems:

- Rust that cannot be wiped off
Evaluating The Condition Of Food

Should This Can be Discarded?

![Nutrition Facts]

- Calories: 100
- Total Fat: 0.5g
- Cholesterol: 0
- Sodium: 270mg
- Total Carbohydrate: 16g
- Dietary Fiber: 5g
- Sugars: 1g
- Protein: 0g

ServSafe
Feeding America
Discard Cans if They Have These Problems:

- Holes
- Visible signs of leaking (indicated by stained labels)
What’s Wrong With the Jar or Bottle?
Discard jars and bottles with these problems
- Dented lids
- Swollen lids
- Rusted lids
What’s Wrong With the Jar or Bottle?

Discard jars and bottles with these problems

• Loose lid
• Button in lid is raised (broken seal)
• Missing seal (unless inner seal is intact and not discolored)
What’s Wrong With the Jar or Bottle?

Discard jars and bottles with these problems

- Missing label
- Unreadable label
- No code dates
What’s Wrong With the Jar or Bottle?
Discard jars and bottles with these problems
• Signs of leakage
• Jar is chipped or broken
What’s Wrong With the Jar or Bottle?

Discard jars and bottles with these problems

- Food contains mold or foreign objects
- Signs of dirt or mold under lid
What’s Wrong With the Jar or Bottle?

Discard jars and bottles with these problems

- Food is discolored
- Food has unusual appearance or separation

Food is discolored
Checking Commercially Packaged Dry Food for Defects:

- Some dry food is packaged in a single package.
- Other food is double-packaged with the food contained in an inner package.
  - This includes flour, cereal, pasta, bread, and rice
What’s Wrong With the Package of Dry Food?

Discard commercially packaged dry food with these problems.

- Unlabeled or not correctly labeled
- Unreadable label
- No code dates
What’s Wrong With the Package of Dry Food?

Discard commercially packaged dry food with these problems.

- Signs of pests
  - Gnaw marks
  - Droppings
  - Insects (dead or alive)
  - Pin-sized holes in packaging
What’s Wrong With the Package of Dry Food?

Discard commercially packaged dry food with these problems.

- Damaged
- Wet
- Stained
What’s Wrong With the Package of Dry Food?

Discard commercially packaged dry food with these problems.

- Single-packaged food that is exposed
  - Open packaging
  - Ripped or torn packaging
  - Punctured or cut packaging
  - Packaging split at the seams

Punctured or cut packaging
What’s Wrong With the Produce?

Discard produce with these problems.

- Mold
- Decay or rot
- Bad odors
What’s Wrong With the Produce?

Discard produce with these problems.

- Severe bruises
- Skin not intact
- Bruises provide a way for pathogens to get inside produce
What’s Wrong With the Produce?

Discard produce with these problems.

- Skin not intact
  - Provides a way for pathogens to get inside produce

Skin is split
What’s Wrong With the Produce?

Discard produce with these problems.

- Cut produce not at 41°F (5°C) or lower
- No code dates

Cut produce is too warm
Evaluating The Condition Of Food

What’s Wrong With the Produce?

Discard produce with these problems.

- Repacked in packaging not safe for use with food
- Signs of insects (live insects, insect bodies, or insect eggs)

Packaged in unsafe packaging
Reject Medications With These Problems:

- Broken tamper-resistant seals
- Damaged packaging
Reject Medications With These Problems:

- Expired
- Past the use-by date
Reject Medications With These Problems:

- Label is not intact or readable
- Label does not include the necessary information
  - Common name of drug
  - List of ingredients
  - Quantity of contents
  - Instructions for correct use
  - Recommended dose
  - Storage requirements (if any)
Which of These Medications Should be Rejected?

A. Broken seal
B. Expired
C. Unreadable label
Repacking Food

Requirements For a Clean Room:

- There are strict conditions for repacking food.
- In general, it must be performed in a designated clean room.
- A clean room is a separate enclosed room dedicated to bulk repacking.
- It must be designed to the highest standards of sanitation.
- It must prevent as many environmental contaminants as possible.
Repacking Food

Requirements For a Clean Room:

- Interior surfaces must be durable and easy to clean.
- It must be built to commercial foodservice construction standards.
- It must meet local health regulations.
- TCS food should only be repacked in a clean room that can maintain a temperature of 55°F (13°C) or lower.
What’s Wrong With This Picture?

- Practice correct personal hygiene before handling food.
  - See Chapter 2

Food handler is not wearing a hat
Repacking Food

What’s Wrong With This Picture?

- Only repack one type of product at a time.
- Only handle food with equipment made for food.

Two different types of food are being repacked at the same time.
What’s Wrong With This Picture?

- Store clean and sanitized equipment so it doesn’t become contaminated.

Scoops are not being stored correctly
Repacking Food

Cleaning and Sanitizing:

- Clean and sanitize the room before repacking food.
- Clean and sanitize equipment used to repack food.
  - Before and after use
  - When changing to a new product or between allergens
What’s Missing From This Label on a Repackaged Food Item?

Oat Bran Cereal
Hosh’s Sales Co.
Battle Creek, Michigan 49016 USA
1 lb.

Ingredients: Whole grain oats, sugar, wheat bran, vegetable oil, (palm, palm kernel and/or soybean oil with TBHO for freshness) oat bran, corn syrup, wheat starch, coconut, contains 2% or less of molasses, malt flavor, cinnamon, salt, baking soda, soya lecithin, natural and artificial flavor, nutmeg

CONTAINS WHEAT, COCONUT, AND SOY INGREDIENTS
Prepare Delivery Vehicles to Protect Food From Contamination:

- Clean inside of vehicles at least once per week or as often as necessary
- Make sure vehicles are pest-free
- Never deliver food in vehicles used to haul garbage
Prepare Delivery Vehicles to Protect Food From Contamination:

- **DO NOT** bring pets when delivering food
- Keep items that could contaminate food separate from the delivery
  - Oil, antifreeze, wiper fluid
- Lock and seal delivery vehicles when they are not being loaded or unloaded
Prepare Delivery Vehicles to Keep Food at Safe Temperatures:

- To keep food at 41°F (5°C) or lower
  - Check the readout on the trucks recording device
  - Leave refrigeration units on and vehicle doors closed during inactivity
  - Precool refrigerated trucks prior to loading
What’s Wrong With the Delivery?

- **DO NOT** leave food outside and unsupervised.

*Left outside*
What’s Wrong With the Delivery?

- DO NOT put food by garbage containers.

Left by garbage
What’s Wrong With the Delivery?

- **DO NOT** leave refrigerated or frozen food at room temperature.

*Left at room temperature*
What’s Wrong With the Delivery?

- Keep chemicals separate from food.
Preparing Food for Transport:

- Use boxes that are sturdy, clean, and dry
Preparing Food for Transport:

- Keep shelf-stable food in a clean, dry storage area
Preparing Food for Transport:

- Keep food in a pest-free area
Preparing Food for Transport:

- Keep meat, poultry, and seafood separate from each other and away from other food
What’s Wrong With the Way This Food Was Loaded?

- **DO NOT** store raw food over ready-to-eat food.
- Raw food includes raw meat, seafood, poultry, and shell eggs.
What’s Wrong With the Way This Food Was Loaded?

- **DO NOT** store allergens over other products.
Loading and Distributing Food Safely

What’s Wrong With the Way This Food Was Loaded?

- **DO NOT** store chemicals with food products.

Chemicals stored with food
When Loading and Transporting Food:

- Keep refrigerated food at 41°F (5°C) or lower during transport.
- If possible, keep frozen food at temperatures that will keep it frozen.
When Loading and Transporting Food:

- Keep food cold in unrefrigerated vehicles.
  - Always cover refrigerated and frozen food with thermal blankets.
  - Or place it in coolers with ice packs.
When Loading and Transporting Food:

- Load refrigerated and frozen food so air can circulate around it.
  - Use pallet slip sheets.
When Loading and Transporting Food:

- Keep drive times in unrefrigerated vehicles to 30 minutes or less.
When Loading and Transporting Food:

- Check the temperature of refrigerated food when it has reached its destination.
  - Document the temperatures.
Cleaning and Sanitizing
Cleaning and Sanitizing

Concepts You Will Learn:

- How and when to clean and sanitize
- How to manually clean and sanitize tools and utensils
- Handling garbage
- Spotting pests
Cleaning Vs. Sanitizing

- Cleaning removes food and other dirt from a surface
- Sanitizing reduces pathogens on a surface to safe levels
Does It Need to be *Cleaned* or *Cleaned and Sanitized*?

**A** Cleaned only

**B** Cleaned and sanitized
How and When To Clean And Sanitize

Cleaning and Sanitizing Surfaces:

- All surfaces must be cleaned and rinsed.
  - Walls and floors
  - Storage shelves
  - Garbage containers
How and When To Clean And Sanitize

Cleaning and Sanitizing Surfaces:

- Any surface that touches food must be cleaned and sanitized.
  - Plastic food bins
  - Ladles
  - Scales
  - Prep tables in clean rooms
  - Sorting tables
  - Scoops
How to Clean and Sanitize Surfaces

1. Scrape or remove food from the surface
How to Clean and Sanitize Surfaces

2. Wash the surface
How to Clean and Sanitize Surfaces

3. Rinse the surface
How and When To Clean And Sanitize

How to Clean and Sanitize Surfaces

4. Sanitize the surface
How to Clean and Sanitize Surfaces

5. Allow the surface to air-dry
How and When To Clean And Sanitize

Cleaning and Sanitizing

Put the steps for cleaning and sanitizing in the right order by placing the numbers of each step in the space provided.

4. A. Sanitize the surface
2. B. Wash the surface
5. C. Allow the surface to air-dry
3. D. Rinse the surface
1. E. Scrape or remove food from the surface
How and When To Clean And Sanitize

Cleaning and Sanitizing Stationary Equipment:

- Unplug the equipment
- Take off the removable parts
- Wash, rinse, and sanitize the parts by hand
How and When To Clean And Sanitize

Cleaning and Sanitizing Stationary Equipment:

- Scrape or remove food from the equipment surfaces
- Wash, rinse, and sanitize the equipment surfaces
- Let the surfaces air-dry
- Put the equipment back together
How and When To Clean And Sanitize

When to Clean and Sanitize:

- Before and after use
When to Clean and Sanitize:

- Before repacking food
When to Clean and Sanitize:

- When changing to a new product or between allergens
When to Clean and Sanitize Food-Contact Surfaces:

- After four hours, if the items have been in constant use
- Any time the item has become contaminated
When to Clean and Sanitize

Which items must be cleaned and sanitized?

___A. Jorge has used the same scoop to portion cereal for an hour.
✓B. Bob drops the scoop on the floor while using it.
✓C. Shelly has finished repacking produce on a prep table and now will use it to repack cereal.
✓D. Maria is about to start scooping bulk rice into smaller bags.
How and When To Clean And Sanitize

How to Make Sure Sanitizers are Effective:

- Make sure the water is the correct temperature
How and When To Clean And Sanitize

How to Make Sure Sanitizers are Effective:

- Make sure the correct amount of sanitizer was used.
- Use a test kit to check the sanitizer’s strength.
How to Make Sure Sanitizers are Effective:

- Leave the items being sanitized in contact with the sanitizer for the correct amount of time.
- Allow the sanitizer to air-dry on the surface.
Setting Up a Three-Compartment Sink

Sink 1

- Fill with water at least 110°F (43°C)
- Add detergent
How To Manually Clean And Sanitize Tools And Utensils

Setting Up a Three-Compartment Sink

Sink 2

- Fill with water
- Leave the sink empty if items will be spray-rinsed
Setting Up a Three-Compartment Sink

Sink 3
- Fill with water
- Add the correct amount of sanitizer
- Check sanitizer strength with a test kit
Using a Three-Compartment Sink

1. Rinse, scrape, or soak the items before washing them.
Using a Three-Compartment Sink

2. Wash the items in the first sink.
   - Use a brush, cloth, or nylon scrub pad to loosen dirt.
   - Change water when suds are gone or the water is dirty.
Using a Three-Compartment Sink

3. Rinse the items in the second sink.
   - Dip them in the water or spray-rinse them.
   - Remove any food or detergent.
   - Change water when dirty or full of suds.
How To Manually Clean And Sanitize Tools And Utensils

Using a Three-Compartment Sink

4. Sanitize the items in the third sink.
   - Soak them in the sanitizer for the correct length of time.
   - **NEVER** rinse items after sanitizing. This could contaminate surfaces.
Using a Three-Compartment Sink

5. Air-dry the items.
   - Place them upside down to drain.
   - **DO NOT** wipe them dry.
Washing Tools and Utensils

What is the first thing you should do when setting up a three compartment sink?

___A. Fill the sinks with water
___B. Mix the sanitizing solution
___C. Mix the detergent solution
✓D. Clean and sanitize the sinks
Washing Tools and Utensils

Put the steps for cleaning and sanitizing items in a three-compartment sink in order.

5. Air-dry the items
3. Rinse the items
4. Sanitize the items
1. Rinse, scrape, or soak the items
2. Wash the items
Handling Garbage

What’s Wrong With the Way This Garbage was Handled?

- Remove garbage as quickly as possible.
- Be careful not to contaminate food or surfaces when removing garbage.
How Is the Garbage Being Handled Safely?

- Clean the inside and outside of garbage containers often.

- **DO NOT** clean garbage containers in clean rooms or food-storage areas.
Handling Garbage

How Is the Garbage Being Handled Safely?

- Close the lids on outdoor containers.
- Keep indoor containers covered when they are not in use.
Spotting Pests

Which Are Signs of Pests?

A. Droppings
B. Nests
C. Damage
Thank you!

LOOK FOR AN EMAIL WITH:

• Answers to the questions asked at this webinar
• Certificate—keep on file for future site visits
• Recording of webinar on Agency Zone
• Power Point Slides
• Food Safety Toolkit in the works
• Annual food safety training for staff and volunteers mandatory