

An article shared in the Minnesota Department of Health’s Community and Family Health News and Updates September 2018 e-newsletter:

Commodity Supplemental Food Program (CSFP)

CSFP is a supplemental food program administered through the SNP/WIC section. CSFP serves low-income seniors (60 years and older), who are known to be at nutritional risk, have limited income and less than optimal intake of essential nutrients. The program provides a pre-packaged box of commodity foods (valued at about \$55) designed to supplement their diet and help them stretch their food dollars. The foods are distributed at sites throughout Minnesota each month.

The Second Harvest Heartland food bank is planning to pilot “**CSFP Client Choice**”. This will give participants the option of “shopping” in a food pantry and choosing the CSFP foods they want from among the wide variety offered, and not having to take foods they might not want or eat. CSFP Client Choice gives participants more flexibility in meeting their household needs and wants, while minimizing waste. The pilot is tentatively scheduled for October at the Community Emergency Assistance Program facility in Brooklyn Center, MN.

Stay tuned for results of the pilot!

Additional Information about CSFP’s Nutritional Assistance Program for Seniors

NAPS (Nutrition Assistance Program for Seniors)

NAPS is a supplemental nutrition program for seniors. Second Harvest Heartland can provide you with information on getting your clients signed up for NAPS boxes or becoming a distribution site.

Click [here](#) for additional information.

To see a sample of what is in a NAPS box, click [here](#).

For a printable referral form, click [here](#).